

{BREAKFAST - SERVED ALL DAY}

ON THE HOOF	
LAMINGTONS	3.95
SLICED BANANA BREAD	1.95
HOUSEMADE MUESLI BARS	2.5
FRESHLY BAKED BUTTER CROISSANT	2.5
FRESHLY BAKED CHOCOLATE CROISSANT	2.5
HOUSEMADE CHEESE TWISTS	1.25

ON TOAST

W/ YOUR CHOICE OF SOURDOUGH OR GLUTEN-FREE

VEGEMITE, LOCAL HONEY, MARMITE, NUTELLA, JAM OR PEANUT BUTTER	2.95
CRACKLEBEAN FREE-RANGE POACHED EGGS	6.5
SLOW ROASTED VINE RIPENED TOMATOES (V) w/ yarra valley feta	8.95
AVOCADO (V) w/ yarra feta, lemon & maldon salt	10.5
AVOCADO w/ white crab, poached egg & lemon	11.95
AVOCADO, CHORIZO & YARRA FETA	13.5
SMOKEY BACON BOSTON BAKED BEANS	6.95
EGGS BENEDICT	12.5
EGGS FLORENTINE	9.95
EGGS ROYALE	13.5

FAVOURITES

ANTIPODEA MELT w/ ham, gruyère, vine tomato, poached eggs & pesto	12.5
TURKISH EGGS w/ hung yogurt, poached eggs, hot chili butter & pide	9.5
ANTIPODEA HOUSEMADE GRANOLA w/ coconut yogurt & berry compote	9.5
PORRIDGE (VG) w/ maple syrup	6.9
w/ berry compote	7.9
w/ mork & caramalised banana	7.9

LUNCH

CAULIFLOWER & BLACK TRUFFLE SOUP (V) w/ tahini & mixed seed pide	6.95
BROCCOLINI, MARINATED FETA & PINE NUT QUICHE	11.5
SAUSAGE ROLL	2.95
'AUSSIE' MEAT PIE	4.95

TOASTED TURKISH PIDE

PAN FRIED HALLOUMI (V) w/ roasted peppers, rocket & lime aioli	10.5
MAPLE CURED BACON, LETTUCE & TOMATO PIDE w/ tomato jam, aioli, baby gem & vine tomatoes	11.95
CHICKEN PARMIGIANA w/ mozzarella, ham, tomato & baby gem lettuce	10.5
ROASTED VEGETABLE & HUMMUS PIDE (VG) w/ aubergine, courgette, rocket & housemade pickled red onions	10.5
MINUTE STEAK PIDE w/ yarra valley feta, red onion jam, aioli & rocket	13.5

SIDES

SMOKEY BACON BOSTON BAKED BEANS	4
POACHED EGG	1.5
FRIES	4
TOAST	2.95

{DESSERTS}

DESSERTS	
CARROT CAKE / whole cake	6.5 / 49.95
RED VELVET CAKE / whole cake	6.5 / 49.95
NEW YORK BLUEBERRY CHEESECAKE / whole cake	6.5 / 55
LEMON MERINGUE PIE / whole cake	6.5 / 49.95
ANZAC	2
WHITE CHOCOLATE & CRANBERRY	2
GLUTEN FREE CHOCOLATE CHIP	2

JUDE'S ICE CREAM

ROCKET LOLLIES raspberry & beetroot / orange & carrot / apple & spinach	2
VEGAN SALTED CARAMEL	2.95
VANILLA (VG)	2.95
TRULY CHOCOLATE	2.95
GIN & TONIC	2.95
BLACK COCONUT	2.95
STRAWBERRIES & CREAM	2.95

{COLD DRINKS}

FRESH PRESSED JUICE & SMOOTHIES

ORANGE just pressed oranges	6
APPLE best of english apples	6
BREEZER melon, orange, apple & cinnamon	6
GINGER BEET orange, carrot, ginger & beetroot	6
SUPER GRAN melon, apple, pear & spinach	6
MIDNIGHT LEMONADE apples, lemon, blackberry & charcoal	6
CITRUS RECHARGE grapefruit, lemon & orange	6
ENERGISER 2.0 apple, carrot, ginger & celery	6
VIRGIN MARY our own special mary mix	6
BREAKFAST SMOOTHIE apples, dates, oats, chia seeds & hazelnut milk	6.5
GREEN GODDESS SMOOTHIE cucumber, pear, green apple, spirulina & lime	6.5
MANGO DELIGHT SMOOTHIE mango, spinach, orange, hung yogurt & honey	6.5
FOREST BERRY SMOOTHIE apple, orange & mixed berries	6.5

MILKSHAKES

STRAWBERRY	6.5
VANILLA	6.5
MILO	6.5
TIM TAM	6.5

SOFT DRINKS

COCA COLA / DIET COKE	4
BUNDEBERG GINGER BEER	4
KOMBUCHA ginger/original	4.5
BELU STILL OR SPARKLING WATER single/share	2.5 / 5

{HOT DRINKS}

COFFEE

- WITH YOUR CHOICE OF MILK -
4% MILK, 1% MILK, HAZELNUT, COCONUT, ALMOND,
OAT & SOY

DOUBLE ESPRESSO	2.5
AMERICANO	2.5
PICCOLO	2.5
CORTADO	2.5
MACCHIATO	2.5
FLAT WHITE	3
LATTE	3
CAPPUCCINO	3
MOCHA	3.5
WHITE CHOCOLATE MATCHA	4
BEETROOT LATTE	4
TUMERIC LATTE	4
CHARCOAL LATTE	3.5
ICED LATTE	3.5
MORK - ORGANIC AUSTRALIAN HOT CHOCOLATE	3.5
+ VANILLA / CARAMEL / HAZELNUT / CINNAMON SYRUP	.50
+ EXTRA SHOT	.75

LOOSE LEAF TEA

ENGLISH BREAKFAST full bodied & robust black tea from ceylon	3.5
FRENCH EARL GREY ceylon tea spruced up with oil of bergamot	3.5
SENCHA GREEN delicate aroma and a sweet smooth, grassy flavours	3.5
JUST PEPPERMINT pure & simple peppermint leaves / hot or cold	3.5
JUST CHAMOMILE golden chamomile flowers	3.5
MINT TEA from the garden, antipodea's home grown fresh mint	3.5

{RETAIL}

RETAIL

GRANOLA BAG	5.5
OZONE GROUND COFFEE	6.5
OZONE GROUND DECAF	6.5
KILLER PYTHONS	3.95
SNAKES ALIVE	3.95
TIM TAMS	4.95
SHAPES	4.95
VEGEMITE	6.5
MILO	6.95
BLONDIES	2.95
BROWNIES	2.95

DOG TREATS

JUDE'S ICE CREAM FOR DOGS	2.95
DOG BISCUITS	FREE